

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	FREE Stretch Class @ 6:30pm Meet in front of the gym	7	8	9	10	11
12	Columbus Columbus	14	15	16	17	FREE Stretch Class @ 10:15am Meet in front of the gym
FREE Stretch Class @ 10:15am Meet in front of the gym	20	21	22	23	24	FREE Stretch Class @10:15am Meet in front of the gym
26	27	28	29	30	Halloween	1

Office Hours

Mon, Tue, Thurs & Fri: 9am - 6pm

Wed: 10am - 5pm

Sat: 10am - 5pm **Sun:** 1pm - 5pm

Phone: 770-476-5515

Address:

6115 Abbott's Bridge Rd. John's Creek, GA 30097

Maintenance Emergencies:

If you need immediate maintenance service after regular office hours:

770-476-5515

Courtesy Attendant:

Please call the office if you are in need of our Courtesy Attendant's service. If it is after regular office hours the answering service will forward your message.